

THE COMMUNITY OF
 SAINT JOSEPH HOLY CROSS
 CATHEDRAL @ CHURCH

THIRD SUNDAY OF LENT

March 3, 2024

INTROIT

Oculi mei

Mode 7

Psalm 25: 15, 16

Oculi mei semper ad Dominum, quia ipse evellet de laqueo pedes meos: respice in me, et miserere mei, quoniam unicus et pauper sum ego.	My eyes are forever turned towards the Lord; for he shall release my feet from the snare; look upon me and have mercy on me, for I am abandoned and destitute.
Vs. Ad te Domine levavi animam meam: Deus meus, in te confido, non erubescam.	Vs. Unto you, O Lord, have I lifted up my soul; O my God, I trust in you, let me not be put to shame.

HYMN

I Heard the Voice of Jesus Say

Kingsfold

satb 1. I ___ heard the voice of Je-sus say, "Come un - to me and rest;
 satb 2. I ___ heard the voice of Je-sus say, "Be - hold, I free - ly give
 unison 3. I ___ heard the voice of Je-sus say, "I ___ am this dark world's light;

lay down, O wear - y one, lay down your head u - pon my breast."
 the liv - ing wa - ter, thirst - y one, stoop down and drink and live."
 look un - to me; your morn shall rise, and all your day be bright."

I ___ came to Je - sus as I was, so wear-y, - worn, and sad;
 I ___ came to Je - sus, and I drank of that life - giv - ing stream;
 I ___ looked to Je - sus, and I found in him my star, my sun;

I ___ found in him a ___ rest - ing place, and he has made me glad.
 my thirst was quenched, my soul re - vived, and now I live in him.
 and in that light of life I'll walk till trav - ling days are done.

congregation repeats after cantor/choir:

Ky - ri - e e - le - i - son, Chri - ste e - le - i - son,
Ky - ri - e e - le - i - son.

COLLECT

LITURGY OF THE WORD

FIRST READING

Exodus 20: 1-17

God spoke all these words.

In those days, God delivered all these commandments: “I, the LORD, am your God, who brought you out of the land of Egypt, that place of slavery. You shall not have other gods besides me. You shall not carve idols for yourselves in the shape of anything in the sky above or on the earth below or in the waters beneath the earth; you shall not bow down before them or worship them. For I, the LORD, your God, am a jealous God, inflicting punishment for their fathers’ wickedness on the children of those who hate me, down to the third and fourth generation; but bestowing mercy down to the thousandth generation on the children of those who love me and keep my commandments.

“You shall not take the name of the LORD, your God, in vain. For the LORD will not leave unpunished the one who takes his name in vain.

“Remember to keep holy the sabbath day. Six days you may labor and do all your work, but the seventh day is the sabbath of the LORD, your God. No work may be done then either by you, or your son or daughter, or your male or female slave, or your beast, or by the alien who lives with you. In six days the LORD made the heavens and the earth, the sea and all that is in them; but on the seventh day he rested. That is why the LORD has blessed the sabbath day and made it holy.

“Honor your father and your mother,
that you may have a long life in the land
which the LORD, your God, is giving you.
You shall not kill.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbor.

You shall not covet your neighbor’s house.

You shall not covet your neighbor’s wife, nor his male or female slave,
nor his ox or ass, nor anything else that belongs to him.”



Lord, you have the words of ev - er - last - ing life.

1. The law of the LORD is perfect, refreshing the soul;
The decree of the LORD is trustworthy, giving wisdom to the simple.
2. The precepts of the LORD are right, rejoicing the heart;
the command of the LORD is clear, enlightening the eye.
3. The fear of the LORD is pure, enduring forever;
the ordinances of the LORD are true, all of them just.
4. They are more precious than gold, than a heap of purest gold;
sweeter also than syrup or honey from the comb.

SECOND READING

1 Corinthians 1: 22-25

We preach Christ crucified.

Brothers and sisters:

Jews demand signs and Greeks look for wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are called, Jews and Greeks alike, Christ the power of God and the wisdom of God. For the foolishness of God is wiser than human wisdom, and the weakness of God is stronger than human strength.

GOSPEL ACCLAMATION

John 3: 16



Praise to you, Lord Je - sus Christ, King of end - less glo - ry.

God so loved the world that he gave his only Son,
so that everyone who believes in him might have eternal life.

HOLY GOSPEL

John 2: 13-25

Destroy this temple, and in three days I will raise it up.

Since the Passover of the Jews was near, Jesus went up to Jerusalem. He found in the temple area those who sold oxen, sheep, and doves, as well as the money changers seated there. He made a whip out of cords and drove them all out of the temple area, with the sheep and oxen, and spilled the coins of the money changers and overturned their tables, and to those who sold doves he said, "Take these out of here, and stop making my Father's house a marketplace." His disciples recalled the words of Scripture, Zeal for your house will consume me. At this the Jews answered and said to him, "What sign can you show us for doing this?" Jesus answered and said to them, "Destroy this temple and in three days I will raise it up." The Jews said, "This temple has been under construction for forty-six years, and you will raise it up in three days?" But he was speaking about the temple of his body. Therefore, when he was raised from the dead, his disciples remembered that he had said this, and they came to believe the Scripture and the word Jesus had spoken.

While he was in Jerusalem for the feast of Passover, many began to believe in his name when they saw the signs he was doing. But Jesus would not trust himself to them because he knew them all, and did not need anyone to testify about human nature. He himself understood it well.

HOMILY

PROFESSION OF FAITH

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God, born of the Father before all ages.
God from God, Light from Light,
true God from true God, begotten, not made
consubstantial with the Father; through him all things were made.
For us men and for our salvation he came down from heaven,
[all bow during the following 2 lines]

and by the Holy Spirit
was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day in accordance with the Scriptures.
He ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

UNIVERSAL PRAYER

COLLECTION OF OFFERINGS

Your offering at this Mass supports the work and operations of Saint Joseph Cathedral and Holy Cross Church, including daily meals for the needy, our music and education programs, and all other aspects of our community outreach. Please be generous in your support of these important endeavors. Scan the QR code or click/tap anywhere inside this box to contribute by credit card or via PayPal.



LITURGY OF THE EUCHARIST

OFFERTORY ANTIPHON

Justitiae Domini rectae
Psalm 19: 8-15

Mode 4

IV
T HE judgments of the Lord are right; they gladden the heart,



OFFERTORY MOTET

[10:30]

Emendemus in melius

William Byrd
(1543-1623)

Emendemus in melius
quae ignoranter peccavimus;
ne subito praeoccupati die mortis
quaeramus spatium poenitentiae
et invenire non possimus.

Attende, Domine, et miserere;
quia peccavimus tibi.
Adjuva nos, Deus salutaris noster,
et propter honorem nominis tui
libera nos, libera nos.

Let us atone for the sins we have
committed in our ignorance,
lest, should the day of death
suddenly overtake us,
we seek time for repentance
and cannot find it.

Hearken, O Lord, and have mercy,
for we have sinned against thee.
Help us, O God of our salvation,
and, according to the honor of thy
name, deliver us.

Priest Pray brothers and sisters, that my sacrifice and yours
may be acceptable to God, the almighty Father.

All May the Lord accept the sacrifice at your hands,
for the praise and glory of his name,
for our good and the good of all his holy Church.

PREFACE DIALOGUE

Priest The Lord be with you.

All And with your spirit.

Priest Lift up your hearts.

All We lift them up to the Lord.

Priest Let us give thanks to the Lord our God.

All It is right and just.

SANCTUS

from Missa Primitiva

S Anctus, * Sanctus, Sanctus Dóminus De-us Sá-
ba-oth. Ple-ni sunt caeli et terra gló-ri-a tu-a. Ho-sánna



in excelsis. Be-ne-díctus qui ve-nit in nómine Dómi-ni.
Ho-sánna in excelsis

MYSTERIUM FIDEI *from Missa Primitiva*

Save__ us, Sav - ior of the world, for by your Cross and
Res - ur - rec - tion you have set__ us free.

THE LORD'S PRAYER

AGNUS DEI *from Missa Primitiva* Mode 7

A -gnus De- i, * qui tol- lis peccá- ta mundi: mi- se- ré-
re no- bis. Agnus De- i, * qui tol- lis peccá- ta mundi: mi-
se- ré- re no- bis. Agnus De- i, * qui tol- lis peccá- ta mun-
di: do- na no- bis pa- cem.

AGNUS DEI

[10:30]

from Missa Brevis No. 1

Richard K. Fitzgerald
(born 1979)

COMMUNION RITE

Priest Behold the Lamb of God,
behold him who takes away the sins of the world.
Blessed are those called to the supper of the Lamb.

All Lord, I am not worthy
that you should enter under my roof,
but only say the word and my soul shall be healed.



8. Bless- ed are they who dwell in your house.

[10:30]

Passer invenit sibi domum

Mode 1

Psalm 84: 4, 5

<p>Passer invenit sibi domum, et turtur nidum, ubi reponat pullos suos: altaria tua Domine virtutum, Rex meus, et Deus meus: beati qui habitant in domo tua, in saeculum saeculi laudabunt te. Vs. Quam dilecta tabernacula tua, Domine virtutum! Concupiscit et deficit anima mea in atria Domini.</p>	<p>The sparrow has found herself a home, and the turtledove a nest in which to lay her young: at your altars, O Lord of hosts, my King and my God! Blessed are they who dwell in your house, they shall praise you for ever and ever. Vs. How lovely is your dwelling place, O Lord of hosts! My soul is longing and yearning for the courts of the Lord.</p>
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- ✠ For Catholics who are receiving Holy Communion, please bow your head before receiving Communion as a sign of reverence for the Real Presence of Christ.
- ✠ We welcome non-Catholics to this celebration of the Eucharist but because we believe that the Eucharist is a sign of the oneness of faith, life and worship, members of other churches with whom we are not fully united are ordinarily not admitted to Holy Communion. We ask for you to remain seated during the Communion rite and join us in prayer for Christian unity and peace for the human family.

THANKSGIVING

[10:30]

Prayer to Saint Michael the Archangel

Fitzgerald

<p>Sancte Michael archangele, defende nos in praelio; contra nequitiam et insidias diaboli esto praesidium. Imperet illi Deus, supplices deprecamur: tuque princeps militiae coelestis Satanam aliosque spiritus malignos, qui ad perditionem animarum pervagantur in mundo, divina virtute in infernum detrude. Amen.</p>	<p>Blessed Michael, archangel, defend us in the hour of conflict; be our safeguard against the wickedness and snares of the devil. May God restrain him, we humbly pray: and do thou, O Prince of the heavenly host, by the power of God thrust Satan down to hell, and with him those other wicked spirits who wander through the world seeking the ruin of souls. Amen.</p>
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PRAYER AFTER COMMUNION

BLESSING AND DISMISSAL

*Please respect our custom of remaining in place
and singing the recessional hymn.*

HYMN

There's a Wideness in God's Mercy

In Babilone

satb 1. There's a wide-ness in God's mer-cy like the wide-ness of the sea;
satb 2. For the love of God is__ broad-er than the mea-sures of our mind;
there's a__ kind-ness in God's jus-tice, which is__ more than lib - er - ty.
and the heart of the E - ter-nal is most won - der - ful - ly kind.
There is plen - ti - ful re - demp-tion in the__ blood that has been shed;
If our love were but more sim - ple we should take Him at His word,
there is__ joy for all the__ mem-bers in the sor - rows of the Head.
and our lives would be thanks - giv - ing for the good-ness of the Lord.

unison 3. Troubled souls, why will ye scatter like a crowd of frightened sheep?
Foolish hearts, why will ye wander from a love so true and deep?
There is welcome for the sinner, and more graces for the good;
there is mercy with the Savior, there is healing in His blood.



The Office of Compline

will be sung by the Compline Choir
of Saint Joseph Cathedral
Sunday, March 3, at 9:00 p.m.

The Office is prayed by candlelight and lasts about 40 minutes. It consists of psalms, short passages from scripture, an office hymn, a canticle (*Nunc Dimittis*), a responsory, collect, and additional prayers.

SAINT JOSEPH CATHEDRAL CONCERTS

STATIONS OF THE CROSS

featuring improvised musical meditations by

DR. RICHARD K. FITZGERALD

Director of Music and Organist of Saint Joseph Cathedral.

SUNDAY, MARCH 17, 2024 ♦ 3:00 P.M.

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